

MEDICAID & INSURANCE ENROLLMENT

Support for parents requiring insurance.

Community Caring Connections - NW Health – La Porte219.326.2311 or 219.344.6373
Covering Kids & Families at Dunebrook219.369.0301, 219.369.0336, 219.369.0343
or schedule a visit online at: dunebrook.org/covering-kids-and-families-health-insurance
HealthLinc888.580.1060, ext. 2015, 3002, 3051, 3110 or 3507
Prenatal Assistance Program - Franciscan Health 219.214.4700

FREE ITEMS AVAILABLE FROM YOUR MEDICAID PROVIDER

Families enrolled in Medicaid as their insurance provider may be eligible for these free items.

Contact your insurance provider to learn more.

Rewards/gift cards for healthy living	Discounts on car maintenance, food, shoes, etc.
Nurse midwife services and/or	Cellphone with minutes, data, and text capability
Nurse-on-Call Line	Dental care for moms-to-be
Breastfeeding Kits	
Baby scales	

CAR SEATS, INSTALLATION, INSTRUCTION, & REPLACEMENTS

La Porte County Health Department.....219.851.5417
La Porte Fire Department 219.362.3456
Michigan City Fire Department219.873.1440 Ext. 4004

DIAPERS & CRIBS & PACK-N-PLAYS

Geminus (covering La Porte County)..... 888.357.4264
Healthy Families – Dunebrook.....219.874.0007
La Porte County Health Department 219.326.6808, ext. 2200
La Porte County Family Resource Center 219.575.7363
Prenatal Assistance Program – Franciscan Health..... 219.214.4700
Women’s Care Center..... 219.324.4646 LA PORTE or 219.874.4646 MICHIGAN CITY
Salvation Army 219.326.5342 LA PORTE or 219.874.6885 MICHIGAN CITY

PRODUCT RECALLS & WARNINGS: Baby & Toddler Safety

To reduce potentially life-threatening hazards like suffocation, choking, and strangulation subscribe to the Consumer Product Safety Commission at cpsc.gov

TRANSPORTATION

Medical-Related Transportation Available Through Medicaid Insurance Provider

For moms-to-be to schedule a trip to the doctor call 855.325.7586, press option #1 for English or press option #9 for Spanish. Schedule 3 days before appointment. Or book your trip online by completing the member account profile form at verida.com/indiana-members/

Paladin Transportation To schedule call 219.326.7889 between the hours of 8AM to 3PM

Provides non-emergency, non-medical transportation. If you receive a voicemail message, leave a message that includes your name, date, time and length of appointment, and a call back number. If you are a recipient of Medicaid, please call the phone number on the reverse side of your insurance card to arrange transportation.

paladin.care/non-emergency-transportation-services

La Porte TransPorte Serves residents of La Porte and 2 miles outside city limits

To reserve a ride for a scheduled appointment (call with a 24-hour notice, up to two weeks in advance) or to request a pickup on the same day, call 219.362.6565, Monday through Friday, 6 AM to 6 PM. Saturday’s schedule is 9 AM to 2 PM.



MATERNAL CARE IN LA PORTE COUNTY



hflaporte.org • contact@hflaporte.org

Updated October 2025

Breastfeeding & Support

Franciscan Health Family Birth Place • 219.877.1610

In-person support groups meet monthly at Women's Care Center in La Porte and Michigan City.

Healthy Families at Dunebrook • 219.874.0007

In-person support group meets the first Friday of each month at Health Foundation of La Porte.

Jacob's Ladder • 219.764.4888

Free lactation consults.

Northwest Health-La Porte • 219.325.7649

Breastfeeding classes & appointments, and support group.

Women, Infants & Children (WIC)

Exclusively breastfeeding mothers receive the largest food package. Offers breastfeeding assessment, guidance, breastfeeding classes and accessories.

219.326.7565 LA PORTE • 219.879.3025 MICHIGAN CITY

Donating & Requesting Human Milk

The Milk Bank

Breast milk donation sites and dispensation sites for pasteurized, donor, human milk.

Franciscan Health • **MICHIGAN CITY 219.325.7649**

Northwest Health La Porte • **LA PORTE 219.344.6341**

CoAction

Assistance offered includes financial stability services and referral services for housing.

219.794.1829 MAIN OFFICE • 800.826.7871 TOLL FREE • coaction.care

Community Caring Connections

Free service for La Porte County residents for prescription assistance, transportation, housing, legal aid, financial assistance, health coverage, and other needs to maintain a healthy life.

219.326.2311 • 219.344.6373

First Candle

Infant safe sleep tips, grief counseling available **24/7** at **800.221.7437** and online support groups. firstcandle.org

HealthLinc

Primary care, prenatal care (La Porte only), dental, behavioral health, optometry, obstetrics, pediatrics, pharmacy services, outreach services, chronic disease management, civil-legal aid, and insurance enrollment. HealthLinc does not turn residents away based on legal citizenship status or ability to pay.

219.326.0043 LA PORTE • 219.872.6200 MICHIGAN CITY • healthlincchc.org/services

Healthy Families – Dunebrook

Serves families with children prenatally or at birth. Participants may remain in the program until the child's fifth birthday. Supports parents by providing education, resources, and post-partum support. Services come to you and are free, voluntary, personalized, and confidential.

219.874.0007 • dunebrook.org/programs/healthy-families-program

Nurse-Family Partnership – Nurse Home Visiting Program

Pairs first-time parents with a registered nurse to support them throughout their pregnancy until their baby is two years old. Nurses provide parents with advice and information to have a healthy baby and to be great parents.

574.472.7378 • nursefamilypartnership.org

Perinatal Case Management – Northwest Health

Social worker, OB provider, and moms-to-be work together to determine resources needed. Referrals may include mental health counseling, parenting support programs, WIC, transportation assistance, and more. The team advocates for the mother and her family within the healthcare setting and as they access community support systems.

219.326.5700 LA PORTE • 219.879.6262 MICHIGAN CITY

Prenatal Assistance Program - Franciscan Health

Provides pregnant and parenting mothers with help in accessing hospital and community resources, including obstetrical care, pregnancy-related education, mental health, and case management. Additional support includes infant clothing and supplies, pack-n-plays, diaper pantry, WIC and SNAP assistance, and insurance navigation. Inquiries and participation are confidential. **219.214.4700**

Samaritan Counseling Centers

Perinatal trained counselors treat addiction and mental health issues, focusing on marriage and family problems, anxiety and stress for moms, spiritual guidance, and personal loss and grief.

219.879.3283 • samaritancounselingmc.org

Stepping Stone

Provides safe haven, support, and advocacy to individuals and families affected by domestic violence, sexual assault, and human trafficking. Services are free and confidential, and include 24/7 crisis response, emergency shelter, transitional housing, case management, counseling, legal and medical support, and advocacy.

**Confidential 24-hr crisis line: 866.879.4615 • info@steppingstoneshelter.org
steppingstoneshelter.org**

La Porte County Family Resource Center

Provides support, resources, and connections to families with a variety of safety items such as safety gates and kits for babies/toddlers, fire extinguishers, carbon-monoxide and smoke alarms, window and door alarms, and first aid kits. Families with a baby are permitted five items a month from *Susy's Store*, including 20 diapers and a pack of wipes.

219.575.7363 • strengtheninginfamilies.org • FB: Family Resource Center La Porte County

Women's Care Center

Women's Care Center provides confidential counseling, pregnancy testing, ultrasound, education and new baby items for pregnant women and their families. All services are free of charge, and no appointments are needed.

219.324.4646 LA PORTE • 219.874.4646 MICHIGAN CITY womenscarecenter.org

Women, Infants & Children (WIC)

Provides special supplemental nutrition program for pregnant moms and families with infant or children up to age 5, WIC food packages, breastfeeding promotion and support, and farmer's market nutrition program.

219.326.7565 LA PORTE • 219.879.3025 MICHIGAN CITY in.gov/health/wic